# LIMB PROTECTION



Palm Protector (Ambidextrous) PTA521104



**Elbow Protector** (One Size Fits All) PTA521100



Bed Heel Elevator PTA509050



**Heel Protector** PTA503360



Pressure Care Assist
PTA521600



**Gel Armrest Pads**Various Sizes

## **RENT IT TODAY**

Did you know that Aidacare offers a comprehensive range of equipment for rent? We've got you covered should you need any products for home care and recovery!

Scan the QR code or visit aidacare.com.au/products/hire for more details.



## MAKE IT YOURS

Alternatively, you can purchase the items you're after and make them yours today. See our website for more information or speak to your local showroom staff for assistance.

For a **list of all our branches** scan the QR code or use the find a store function on our website.



# PRINT AND DIGITAL RESOURCES

Check out our resources at **aidacare.com.au** or scan in the QR code below.





Located across all states of Australia, Aidacare have showrooms in capital city and regional locations. We also have network partners covering other areas, so our products are easily accessible.

Visit our showrooms and our expert, friendly staff are there to assist with all your needs. To find your nearest showroom go to aidacare.com.au or call 1300 133 120.

# 'Solutions for Living' Collection

You may also be interested in Aidacare's other 'Solutions for Living' Guides giving product range information for the following areas:

- Arthritis
- Back Conditions
- · Bariatric Care
- · Carer's Needs
- Dementia
- · Effects Of Stroke
- Energy Conservation
- Falls Risks

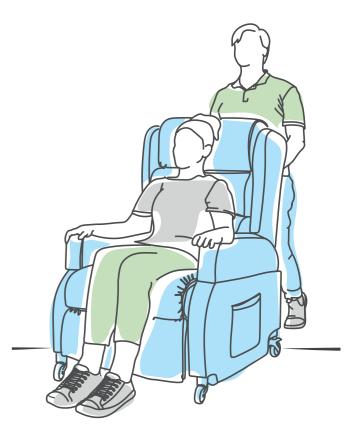
- · Hip And Knee Care
- Mobility And Access
- Neuro Conditions
- · Paediatric Care
- Positioning Needs
- Pressure Care
- Therapy And Exercise
- Travel



MANAGING

# PRESSURE CARE

SOLUTIONS FOR LIVING







# MANAGING PRESSURE CARE

Previously called bed sores, pressure injuries may develop when movement is limited, or when confined to a bed or chair. Prolonged pressure on bony areas such as the elbow, heel, shoulder, back of head, and sacral area can restrict blood flow, and therefore, oxygen and nutrients to the skin.

Pressure injuries can develop quickly and if not treated promptly, can have serious health outcomes. Skin should be checked regularly and your doctor consulted if there are any concerns.

Prevention is key to reducing the risk of a pressure injury. Measures include regular position changes, redistributing pressure or offloading high risk areas, and ensuring good hygiene, nutrition and skin care. Use of the appropriate equipment will also help to minimise the risk.

#### Did you know?

The way that equipment is used will also help to reduce pressure injury risks.

- Using an adjustable chair to ensure good posture and foot support reduces sliding forward in the chair and makes it easier and safer to change your posture, stand and move.
- Raising the legrest of an adjustable bed before raising the backrest can reduce pressure injury risk from sheer forces.
- Taking care when removing clothing or leg straps on slings can reduce risks from friction.
- When using equipment with both tilt and recline features, use the tilt function prior to engaging the recline function to minimise sliding and sheer forces

For information on how to safely use your assistive equipment, contact your allied health professional

For a full range of assistive equipment that may help a patient with pressure care assistance needs, please scan the QR code.



# PRESSURE CUSHIONS



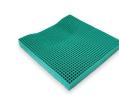
#### JAY LowZone Gel Switch

Various sizes and configurations available



#### JAY Union

Various sizes and configurations available



## **Equagel General**

Various sizes and configurations available



## **Equagel Protector**

Various sizes and configurations available



#### Vicair Adjuster O2 Cushion

Various sizes and configurations available



## ROHO Single Compartment Sensor Ready

High and Medium profiles Various sizes and configurations available

# **SEATING & WHEELCHAIRS**



## Aspire Pressure Reducing Adjustable Day Chair

CHP208035 SWL 160kg



#### Aspire Waterfall Day Chair

Various fabrics and colour options. Seat can be replaced with a pressure cushion SWL 200kg



### Aspire Air Lift Chair

Various sizes and configurations available SWL 140kg



#### Aspire COVE Pressure Relief Chair

CHP198976 – Medium CHP198977 – Large SWL 160kg



## Aspire PostureFit Lift Recline Chair

CHP198250 - Medium CHP198260 - Large SWL 160kg



## Aspire Rehab RX Tilt-In-Space Wheelchair

MWS449710 – 410-460mm MWS449720 – 460-510mm MWS449740 – 510-560mm SWL 180ka

# **MATTRESSES & OVERLAYS**



Sheepskin Mattress Overlay
PTA521400



# Aspire LifeComfort Pressure Reducing Mattress

Various sizes available SWL 150kg



### Aspire Memory Foam Mattress – Incontinence

Various sizes available



## Aspire Hybrid Comfort Mattress

Various sizes available



# Aspire Active Air 5 Alternating Overlay

Various sizes available SWL 175kg



## Aspire Active Air 8 Alternating Mattress Replacement

Various sizes available SWL 200kg