



WALKER RANGE

Mini 6 | XL | Flex 6 & 8 | Deluxe | Tri-Wheel | Classic 6 | Classic 8

USER MANUAL



MINI 6"



XL



FLEX 6" & 8"



DELUXE



TRI-WHEEL



CLASSIC 6"



CLASSIC 8"

Thank you for choosing an Aspire Walker.

This product has been specifically designed to offer comfort, support, and safety. Aspire Walkers are suitable for either indoor only, or indoor, and outdoor use.

Aspire Walkers are available in a range of sizes.

It is important that you read this user manual carefully before using your new Aspire Walker.

CE This product features the CE mark, in compliance with the Medical Devices Regulation 2002 (as amended) Class 1, and the Medical Device Regulation 2017/745

**UK
CA** This product features the UKCA mark, in compliance with Part II UK MDR 2002 (as amended) Class 1

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Due care has been taken to ensure all the information contained in this user manual is correct at the time of printing. All measurements, pictures, colours, and weight capacities are to be used as a guide only. We reserve the right to modify the design or appearance of any product displayed in this user manual without prior notice.

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1. INTENDED USE

Aspire Walkers are specifically designed for individuals who, due to a wide variety of reasons, require additional support while walking. It should be used as a tool to assist people who have mobility difficulties with standing, walking, or sitting independently.

These walkers are designed either for indoor use only, or indoor and limited outdoor use. Unless otherwise indicated, each walker is designed for indoor and limited outdoor use, as specified on the product labelling. When used outdoors this walker must remain on sealed, level terrain (examples include but are not limited to shopping centres, medical centres, flat and level footpaths, and environments with accessibility-focused layouts). Any other usage outside of the intended use is not advised.

2. SYMBOLS USED IN THIS MANUAL

The symbols below are used throughout this user manual and on the product to identify warnings and important information. It is very important for you to read them and understand them completely



WARNING! Indicates a potentially hazardous condition/situation. Failure to follow designated procedures can cause either personal injury, component damage, or malfunction. On the product, this icon is represented as a black symbol on a white triangle with a black border.

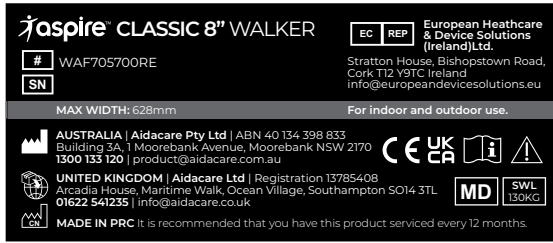


ALWAYS! These actions should be performed as specified. Failure to perform mandatory actions can cause personal injury and/or equipment damage. On the product, this icon is represented as a white infinity symbol on a black dot with a white border.



DO NOT! These actions are prohibited. These actions should not be performed at any time or in any circumstances. Performing a prohibited action can cause personal injury and/or equipment damage. On the product, this icon is represented as a white symbol with a black circle and black slash.

3. SYMBOLS USED ON THE PRODUCT



- | | | | |
|--|------------------------|--|---------------------------------|
| | Product Code | | UKCA Mark |
| | Serial Number | | Safe Working Load |
| | Manufacturer | | Read User Manual |
| | Importer | | Caution |
| | Country of Manufacture | | Medical Device |
| | CE Mark | | Authorised Representative in EU |

4. LIMITATIONS FOR USE

SEAT WALKER SAFE WORKING LOAD (SWL)



Deluxe



Classic 6"



Classic 8"



Mini 6"



XL



Tri-wheel



Flex 6"



Flex 8"



Under-seat Bag

Under-seat bag SWL applies to all walkers described in this user manual.

5. WARNINGS



WARNING! This User Manual must be read before using the walker. The manufacturer does not take any responsibility for damage and/or injuries caused by the fact that the User Manual has not been followed.



WARNING! The walker must not be used by users with serious difficulty balancing or whose muscle strength is too low to stand and walk, even with the extra support of a walker.



WARNING! DO NOT use the walker on stairs, escalators, moving walkways or step edges.



WARNING! DO NOT use the walker to carry heavy or unevenly distributed loads. Only carry items in the designated storage bag, basket or tray, and do not exceed the stated load limit.



WARNING! DO NOT hang bags or other items from the handles, frame or backrest, as this may affect stability and increase the risk of tipping.



WARNING! Product may become hot if left in direct sunlight or close to a heat source to metal frame.



WARNING! The decision to use a walker should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.



WARNING! Sloped, slippery, or uneven terrain
This walker is designed to be used on a flat-level surface. If encountering sloped, slippery, or uneven terrain an alternative route to be sought.



NOTE: Fingers or other body parts can be trapped between the walker's parts during folding, unfolding, or adjusting of the walker. Be extremely careful when adjusting the walker. Observe the dimensions of gaps between the walker's elements to avoid trapping your fingers or other body parts.



DO NOT exceed safe working load.



DO NOT stand on this product. Ensure both push handles are adjusted to the same height. Seek advice from a trained Health Care Professional or approved Aspire retailer representative for height adjustment of this product.



DO NOT use in place of a wheelchair or patient transport device.
DO NOT modify this walker.



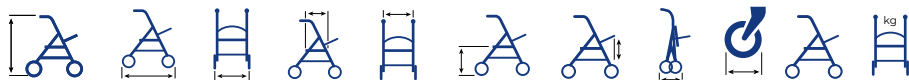
DO NOT attempt to replace the wheels or castors of your seat walker. If they are faulty or require replacement please contact an authorised repairer. Ensure that your seat walker is opened fully (folding hinge is straight) before using it.



DO NOT position the rollator near sources of heat such as prolonged direct sunlight, fireplaces, heaters etc. The metal frame will absorb heat and may become hot to touch. Prior to every use brakes need to be checked to ensure they are in working condition.
DO NOT use the walker if the brakes are not functioning correctly.

6. PRODUCT SPECIFICATIONS

Overall Height mm / inches	Overall Length mm / inches	Overall Width mm / inches	Seat Depth mm / inches	Seat Width mm / inches	Seat Height mm / inches	Backrest Height mm / inches	Folded Width mm / inches	Castor Size inches	Unit Weight kg / lb	SWL kg / stone
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Seat Walker Deluxe

834–989 / 33–39	764 / 30	545 / 22	305 / 12	355 / 14	587 / 23	836 / 33	245 / 10	8	7 / 15	130 / 20
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Seat Walker Classic 6"

760–915 / 30–36	624 / 25	615 / 24	305 / 12	355 / 14	528 / 21	769 / 30	200 / 8	6	7 / 13	130 / 20
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Seat Walker Classic 8"

817–972 / 32–38	660 / 26	628 / 25	305 / 12	355 / 14	584 / 23	815 / 32	200 / 8	8	7 / 15	130 / 20
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Seat Walker Mini

743–905 / 29–36	556 / 22	615 / 24	305 / 12	355 / 14	490 / 19	690 / 27	200 / 8	6	7 / 13	130 / 20
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Seat Walker XL

875–685 / 27–34	710 / 28	740 / 29	340 / 13	495 / 20	555 / 22	850 / 33	230 / 9	8	7 / 18	180 / 28
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Walker Tri-Wheel

825–925 / 32–36	575 / 23	715 / 28	-	-	-	-	275 / 11	8	5.5 / 12	115 / 18
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Seat Walker Flex 6"

730–830 / 29–33	730 / 22	570 / 22	300 / 14	360 / 17–20	430–520 / 17–20	710 / 28	290 / 11	6	6.3 / 14	136 / 21
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Seat Walker Flex 8"

780–970 / 31–38	820 / 32	585 / 23	300 / 14	360 / 19–22	475–570 / 19–22	760 / 29	390 / 15	8	7.3 / 16	136 / 21
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7. PRODUCT DESCRIPTION



SEAT WALKER DELUXE



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Inline rear castors for increased stepping zone

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



SEAT WALKER CLASSIC 8"



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



SEAT WALKER CLASSIC 6"



Note: Designed for indoor use only.

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



SEAT WALKER MINI



Note: Designed for indoor use only.

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Low 490mm seat height to suit lower height/shorter users

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



SEAT WALKER XL

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Wide padded seat and increased 180kg safe working load for large users

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Extra large padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest flips up/ removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in silver

Easy wipe-clean surfaces



SEAT WALKER TRI-WHEEL

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts to suit user requirements

Three-wheel ideal of using in confined spaces

Ultra-soft handbrakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist / hand joint pain

Easy folding mechanism facilitates storage and transportation

Handbrakes are lockable for stability while standing

Strong heavy gauge steel constructions for support and durability

Basket, bag and meal tray provided for storage and ease of travel

Swivelling front castor wheels increase manoeuvrability

Available in red

Easy wipe-clean surfaces



SEAT WALKER FLEX 6" & 8"



Note: Flex 6" is designed for indoor use only.

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and easy to transport

Height adjustable seat height to suit most users

Lockable handbrakes for stability while standing

Folding mechanism for easy transport and storage

Removable under-seat storage bag

Easy wipe clean

Available in Champagne & Lilac (6") and Black & Blue (8")

8. INSTRUCTIONS FOR USE

APPLYING BRAKES

FOR MODELS WITH HAND BRAKE ONLY

Aspire Seat Walkers feature ultra soft-touch brakes - very little force is required to engage the brake lock. Always use the seat walker handles, not brake levers, to support body weight. Ultra soft-touch brake levers are not designed for this purpose which may cause damage.

1. Pull the hand brake up towards the palm of your hand creating a fist



- 2a. Push the hand brake down gently until lock activates.
This can be done with as little as 2.5kg of pressure
- 2b. To release the brake, push the hand piece back towards the grip



WARNING: The rollator must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This indicates incorrect use and can cause wear and tear, impairing tyres, and brake quality.

SITTING ON THE WALKING FRAME

FOR MODELS WITH HAND BRAKES ONLY

1. Ensure the hand brakes have been pushed down until an audible click noise has been heard. This function can also be confirmed visually as the brake handle will remain pushed down (image 2a on previous page)
2. While holding on to the handles (not the brake levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
3. Slowly and carefully lower yourself on to the seat
4. **Always** sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable
5. **NEVER** propel yourself with your feet using the seat walker as a transportation device – it is **NOT** designed for this purpose.
6. **NEVER** allow another person to push you along in the seat walker whilst seated as it is **NOT** designed as a transportation device or to serve as a substitute for a wheelchair

FOR TRI-WHEEL MODELS



This model of walker is **NOT** designed for seating, as it's only purpose is to assist user mobility

CORRECT SEATING GUIDE

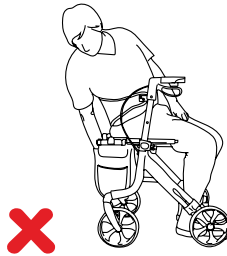


WARNING

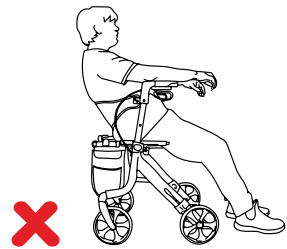
WARNING: The Backrest is intended to provide back support while seated. The Backrest is **NOT** intended to support full body weight.



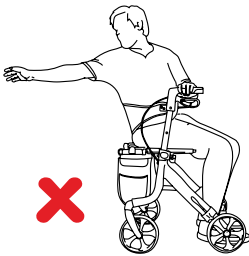
DO NOT sit on backrest.



DO NOT reach into bag while seated.



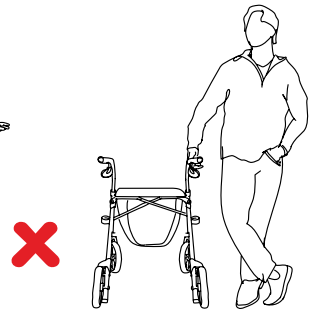
DO NOT slouch on backrest.



DO NOT reach/lean behind while seated.



DO NOT reach/lean sideways while seated.



DO NOT lean on one side of the walker as a support aid.



WARNING! Avoid reaching or leaning outside the walker frame and base of support. To ensure the upright stability of the walker, never reach/lean for objects as this changes the centre of mass and may cause the walker to tip over in the direction of reaching/ leaning or cause damage to the walker frame. This warning relates to reaching/leaning in any direction outside the perimeter of the walker.



WARNING! Seat Walkers are not designed or safe to be used as standing aids from chairs or beds.

NOTE: Walker shown is for illustrative purposes only, and may differ from model supplied.

MOVING FROM A CHAIR TO USING THE WALKER

1. Position the walker in front of you.
2. Ensure the brakes are in the locked position.
3. Move forward in the chair so your feet are flat on the floor.
4. Place your hands on the armrests of the chair. **DO NOT** pull on the walker to stand.
5. Push up carefully to a standing position.
6. Once standing and balanced, place both hands onto the walker handles.
7. Release the brakes only when you are ready to begin walking.

FOLDING AND STORAGE

1. Lift up the padded seat
2. Pull on the handle in the under seat bag, this will cause the A-Frame section to fold
3. Pull up the padded backrest – or alternatively this can be removed using the push buttons on either end of the backrest



WARNING

WARNING! After unfolding or assembling the walker always ensure that the seat is securely locked and the frame does not move anymore.



WARNING

WARNING! Failure to follow these warnings can result in personal injury. Ensure that the seat is securely locked and the frame does not move anymore.

BRAKE ADJUSTMENT

1. A tension adjustment nut is located at the point where the brake cable inserts into the brake handle (refer to image 1). There is also a tension adjustment at the other end of the brake cable where it inserts into the brake mechanism near the rear wheel. (refer to image 2)

These adjustment nuts can be used to tighten the cable (if brakes are loose or not working normally) or loosen if brakes are too tight and not allowing the rear wheels to roll freely.

2. Brakes are adjusted to the optimal tension during manufacturing and should not require adjustment when new. Over time as rear wheels wear and reduce in diameter, brakes can and will become loose and may need to be tightened.



WARNING! You should always engage the brakes when you don't want the walker to move.



WARNING! NEVER leave the walker without the brakes engaged when there is someone sitting in it.



WARNING! NEVER leave the walker on a slope without the brakes engaged.



WARNING! The rollator must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This indicates incorrect use and can cause wear and tear, impairing tyres, and brake quality.

ADJUSTING HANDLE HEIGHT

1. Undo hand wheel
2. Reposition handle to appropriate height
3. Reinsert hand wheel and tighten



FOR XL MODEL:

1. Undo hand wheel from nut and reposition handle to appropriate height
2. Reinsert hand wheel, add washer and nut then tighten



WALKER SETUP (FLEX 6 & 8 ONLY)

BOX CONTAINS

- Walker frame x 1
- Rear wheels x 2
- Handles with brakes x 2
- Front wheels x 2
- Backrest x 1
- Hand wheel bolts for legs x 4
- Hand wheel bolts for arms x 2

HANDLE ASSEMBLY

1. Remove tube plugs from frame tube.
2. Insert the brake handle tube into the walker frame, ensuring that the brake angles outwards to ensure the left and right handles are on the correct side.
3. Tighten in place with hand wheel bolts, on both sides.
4. Handle assembly is now complete.

Note: Ensure handle height is the same on either side of the walker.



FRONT AND REAR WHEEL ASSEMBLY

1. Remove plugs from frame tube.
2. Insert rear wheel tubes into the walker frame, ensuring the wheel is on the outside of the tube and brake cable is inline with the same side of the walker. Tighten in place with hand wheel bolts.
3. Insert front wheel tubes into the walker frame. Tighten in place with hand wheel bolts.
4. Wheel assembly is now complete.

Note: Ensure wheel height is the same on all four wheels of the walker.



BACKREST BAR ASSEMBLY

1. Insert backrest into receivers. Once a notable 'click' sound is heard, the backrest is now secured.

Note: Ensure backrest is locked in place on both sides of the walker before use.



9. CARE, MAINTENANCE & CUSTOMISATION

MAINTENANCE SCHEDULE

Weekly

- Check brakes for malfunction
- Check all wheels, castors, and hinge points for loose bolts and nuts

Periodically

- Check handgrips for wear
- Check frame bolts are secure
- Check folding hinge bolts are secure
- Check front and rear axle bolts are secure
- Check for wear or cracks
- Check wheels for splitting or damage
- Check seat upholstery for wear and seat base for cracks and that it is secured to frame

Yearly

- Once a year take your seat walker to an authorised repairer for a full check, clean, service, and lubrication of all moving parts

Serviceable Components

- Wheels
- Brake Cables
- Bearings
- Bag
- Seat
- Bolts and Nuts
- Hand grips
- Brake Handles

CUSTOMISATION

All walker customisation, modification, and or alterations made to this product are considered as “custom” changes. They may cause the product to no longer meet safety standards and should be considered prior to commencement. Any customisation or modification of the walker is not warranted by Aidacare and will void the warranty.

WHEN TO WITHDRAW THE WALKER FROM SERVICE

The walker must be withdrawn from service immediately if any of the following are observed:

- Cracks, splits or bends in the frame
- Corrosion, rust or signs of structural deterioration
- Loose, damaged or missing fasteners
- Excessive wear or damage to wheels, tyres or castors
- Brake failure, poor braking performance or damaged brake cables
- Instability, wobbling or unusual movement during use
- Any part not functioning as intended



WARNING! DO NOT use the walker if it is damaged or not operating correctly. Contact your dealer or an authorised service provider for inspection and repair.

10. COMPLIANCE

Aspire Walkers are manufactured and independently tested to the market-relevant compliance standards.

Labels on the walkers address compliance requirements and users should familiarise themselves with these prior to use.

11. RECYCLING INFORMATION

Aspire Walkers are made from metal and plastic components. The walkers can be recycled via standard processes in your city of use.

12. WARRANTY

This product comes with a limited warranty of 12 months. Consumable parts (brake pads, castors, and upholstery) carry a 1-year warranty against manufacturer defect only and do not cover wear and tear through use.

1 YEAR LIMITED
WARRANTY

13. MANUFACTURER, IMPORTER & EU REPRESENTATIVE

If you have any questions, you can contact:



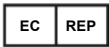
Manufacturer:

Aidacare Pty Ltd

ABN 40 134 398 833

Building 3A, 1 Moorebank Avenue,
Moorebank NSW 2170 Australia

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MADE IN PRC

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